

=\_\_\_\_\_\_\_€Certified years in business ==\_\_\_\_\_\_No complaints unresolved ==\_\_\_\_\_\_\_₹Years in Monthly Media ===

## **FOR AD RATES & INFO 727-484-7488 • INFO@MONTHLY-MEDIA.COM** SUGAR CREEK COMMUNITY CLUB

#### **Executive Board - 2023**

Pres	Karla Sladewski
Vice Pres.	Patty Flack
Secretary	Maurice Leger
Treasurer	Diane Williams

#### Directors

Marilyn Lemon	Bob Cici
Nancy Pietro	Joe Pacheco
Gary Carlisle	Scott Pietro

#### **Standing Committees**

Membership .....Beverly Perry

#### Chairpersons

Coordinator of Events	Terri Carlisle
Decorating	Karla Sladewski
	Joyce Botelho
Entertainment	Joe Pacheco
Health News	Open
Kitchen	Karla Sladewski &
	Scott Pietro
Library	.Jerry & Marie Conway

# Sugar Creek H. O. A., Inc. Officers

President	Anne Johnston
Vice President	Open
Secretary	Anna Fontane
Treasurer	Fran Ray
Membership	. Cindy Kusuplos

#### **Federation of Manufactured Home Owners**

Sugar Creek Chapter 445 OPEN

Men's Poker	Ted Spanburgh
Shuffleboard	Marilyn Lemon
Phone Book	Sugar Creek Office
Welcoming	Diji Raye
	Beverly Gray
Newsletter:	
Editor	Terri Carlisle
Distribution	Kate McGettigan

#### Directors

Karen Fahey John Mueller











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To our valued customers:

Our top priority is the health and safety of our employees and our customers. Our employees are closely following the Centers for Disease Control (CDC) guidelines and recommendations, like frequent hand washing, social distancing, and staying home if they are feeling ill.

We have taken steps to limit exposure to the virus by making our customers aware that there is no need to have any contact with our employees if you choose to do so. Our business falls under the state's guidelines as "Essential Business".

We want to build a great relationship with you. Call today for your Free Inspection. (800) 377-7885

Stay Safe and Continued Good Health. Underhome Armor Family



### APAPAPAPAPAPAPAPAPAP

#### MANAGER'S CORNER By: Victoria Greenwood May 1, 2023



#### HOME MAINTENANCE

heck your outside storage areas, that is May's focus. Of course, we are also looking at your entire lot. For those residents that responded and complied with the notices that were sent about home washing, thank you. A special thank you goes out to those that we didn't have to send a notice to in the last few months. We appreciate you all keeping Sugar Creek looking fabulous.

#### ENTERTAINMENT AND SOCIAL FUNCTIONS

We would like to give a shout out to those who volunteer their time to make activities available to ALL who live in Sugar Creek, from outdoor activities and delicious breakfasts to indoor exercise classes and games. There's fun waiting, just open your monthly media and read the calendar or come down to the clubhouse to read the board for all upcoming events. Come on down and have some fun or just watch! Sugar Creek has ordered and purchased 3 new tables, umbrellas, and chairs for the back pool deck: we are hoping to have them delivered by the time you read this media. Please do not take the clubhouse chairs outside.

#### PARK INFORMATION

If you are curious about a Sugar Creek issue because you have heard other residents discussing it, please come to the office where the correct information will be given. There is no need for a rumor to spread.

#### **CLUBHOUSE AIR CONDITIONING**

We have updated our thermostats in the clubhouse. They are locked to keep the clubhouse at a steady temperature year-round. Please close the clubhouse doors to make sure the units will keep you comfortable.

continued on page 8

#### View this Newsletter in full color at www.monthly-media.com right click with mouse to download to your computer

# The Sun Is Hot, Skin Cancer Is Not!

May is Skin Cancer Awareness Month. Prevent And Detect Skin Cancer.

Call To Schedule Your Free Skin Cancer Screening! New Patients Only | Only Offer Expires 7/31/23 | Code - MM

Florid Permatology AND SKIN CANCER CENTERS EXPERIENCE THE MOHS FELLOWSHIP DIFFERENCE Trust is more than skin deep WWW.FLDSCC.com

**Belleair** | **727.446.6217** 609 Indian Rocks Rd., Belleair, FL 33756

**Pinellas Park** | **727.548.9196** 6020 Park Blvd., Pinellas Park, FL 33781



## ARE YOU PAYING TOO MUCH FOR AUTO INSURANCE?

12 ★ 5

#### Coverages:

Bodily Injury\$100,000 Each Pers./ \$300,000 Ea. Occur.		
Property Damage\$100,000 Each Occur.		
Uninsured Motorist\$100,000 Each Pers./ \$300,000 Ea. Occur.		
Pers. Injury Prot\$10,000 Ea. Person, Wage Loss Excluded		
Medical Payments\$5,000 Each Person		
ComprehensiveACV - \$500 Deductible		
CollisionACV - \$500 Deductible		
Road Trouble Serv\$50 Each Occurrence		
Additional Exp\$30 Per Day / \$900 Each Occurance		
Annual Paid In Full Premium \$1265.00*		
We Also Offer Mobile Home Insurance		
Quote Details: -67 married male, vehicle driven for pleasure use, superior credit, 5 year		
clean driving record on all licensed household operators -2019 Chevy Impala LT, garage		
in Pinellas County zip code 33771, equipped with Air-Bags, ABS and Anti-Theft device		

in Pinellas County zip code 33771, equipped with Air-Bags, ABS and Anti-Theft device \*NOTICE: Acceptability of all proposed applicants subject to underwriting approval, premium rates are subject to change. Rates will vary based on age of operator, driving record, credit history, garaging address and type of vehicle.









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#### **HOME SALES**

We often have people come to the office telling us Sugar Creek is a desirable community and we have an ongoing list of people who want to buy a home in our park, so thank you to our residents for making Sugar Creek a friendly and welcoming environment for all. If you are considering selling your home, just let Daniel or Vicki know and we will use the resources at our fingertips to sell your home quickly and for a great price. We are here to help: 727-586-2002.

#### HAPPY MOTHERS DAY AND GRANDMOTHERS' DAY!

#### HAVE A SAFE AND HAPPY MEMORIAL DAY WEEKEND!

## SUGAR CREEK SOCIAL CLUB MISSION STATEMENT

o support the sugar creek community through social activites.

To foster community participation by providing various events for the enjoyment of Sugar Creek residents.

## SUGAR CREEK SOCIAL CLUB PRESIDENT'S MESSAGE

Thope that everyone had a very happy and blessed Easter.

April was our pool party and we had a great turn out. Tom Davis provided the entertainment and everyone loved him. He will be returning next year for our April 7th pool party.

We are awaiting our new furniture for the patio. Three new tables and chairs will provide the extra seating needed, especially when we have a big party.

May 6th is Kentucky Derby Day. There will be a hat contest for the men and women, with a prize for first place.

May 13th is the next breakfast. We are serving pancakes, sausage and a fruit cup that day.

May 29th there will be a Memorial Day ceremony and luncheon. You must signup in the Clubhouse before 5/24 so that we can get a count for the food needed.

A big thank you to Joe for providing karaoke for the last several months. He is heading back up north and I know the residents will miss it greatly.

Have a wonderful May and remember "Be intentional, be positive, be kind, be adventurous. Expect the best and live well.

Karla Sladewski

People get their eyes tested and their teeth checked on a regular basis, **Whv Not Look After** 

# Why Not Look After Your Ears Too?

Hearing changes often do not result in an overall loss of volume. Some sounds remain as audible as they always were, yet others become harder to hear, and some conversations require more attentiveness. You might notice that words just don't sound clear.

If you suspect that your hearing may be changing, it's up to you to be alert to the signs and have your hearing tested by a qualified professional.

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the latest Hearing <u>Techn</u>ology

# FLORIDA ANCHOR AND BARRIER COMPANY

#### To our valued customers:

During the current times we wanted to let you know that we are taking as many precautions as we can to ensure not only our workers safety but yours as well. We check workers' temperatures each morning and have limited the amount of contact our crews have with each other. Our crews work in Tyvek suits with respirators which helps to ensure your safety as well as theirs.

As a company, we want your business and there is no need for any contact if you so choose. Our business is deemed an "Essential Business" and we are here for you when you need us. You can schedule your inspection by calling 1-800-681-3772.

Wishing you good health and safety, The Florida Anchor & Barrier Team



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# SOCIAL COMMITTEE ACTIVITIES NOTIFICATION

pdates to future activities planned by the committee can be sent to you by email or text. Please sign up for these updates on the list provided on the bulletin board in the Clubhouse or by text to Patty Flack at 248-345-0867.

MEMBERSHIP S.C.C.C.: The color for 2023 will be green. The cost is \$10.00 per person per vear or \$25.00 per person for 3 years. Remember the members of the S.C.C.C. always get first choice. If you have any questions, you can call Beverly Perry 508-995-4223 before 6:00PM, Lot 225 Egret Lane

**UPCOMING EVENTS** 

## **SUGAR CREEK HOA**

o report this month

**KENTUCKY DERBY PARTY** 

✓ /6 at 5:00. Please bring a dish to share and BYOB. The hat contests for men and women will be an entertaining event, so come with your finest headgear to join in on the fun.

## SATURDAY BREAKFAST

reakfast will be served on May 13, 8:30 -10:00. Menu is pancakes, sausage, fruit cup & coffee. Tickets are \$5 and must be purchased by 5/10. See Nancy #28 or Patty #216 for tickets.

# View this Newsletter in full color at www.monthly-media.com

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## MEMORIAL DAY CEREMONY

lease join us at the Clubhouse at 11:00 for a ceremony of remembrance for those who have died in service to our country.

A luncheon will follow the ceremony. Please be sure to sign up on the sheet provided on the bulletin board in the Clubhouse so that adequate food can be provided.

## **MAY ANNIVERSARIES**

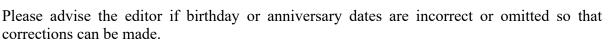
- Tom & Josie Moburg 15
- Cary & Sharon Martin 20
- 25 Donald & Stephanie Smith

## **MAY BIRTHDAYS**

- 1 John Triba Patty Miller
- Keith Bush 7 Judy Dominick Kathy Parker
- Ed Burke 10
- Sally Wiese 12
- 15 Deanna Kearns Sharon Rop
- Gary Carlisle 16
- 17 Maxine Kelly

- 17 Peter Cnossen Ken Collins
  - Barbara Shuey
- Joan Woelfel 18
- 19 Jovce Botelho
- **Richard** Canastra 20
- 21 Dawn Eno
- 24 Linda Rose
- 28 **Eric Evans**
- 29
  - Lise Dagenais
- 30 Marilyn Spangler
- Leo Mercier 31





## **IN MEMORY OF:**

ayne Swarts #131 passed away on Thursday April 6, 2023. Our condolences to his family.











## THOUGHTFUL MOMENT

*ur prime* purpose in life is to help others. If we can't help them, at least don't hurt them. Dalai Lama

## HA-HA MOMENT

ohn played high school football in Chicago. He was a great running back, but a really poor student.

Sadly, at graduation time, he didn't have enough credits. But he was a great football star and the students held a rally and demanded the principal give him a diploma anyway.

They were so insistent that the principal agreed that if John could answer one question correctly, he would give him a diploma.

The one question test was held in the auditorium and all the students packed the place. It was standing room only. The principal was on the stage and told John to come up. Diploma in hand, the principal said:

"John, if you can answer this one question correctly, you will graduate."

"John, how much is three times seven?"

John looked up at the ceiling and then down at his shoes, pondering the question.

The other students began chanting, "Graduate him anyway! Graduate him anyway!"

Then John held up his hand and the auditorium became silent. He said, "I think I know the answer. Three times seven is twenty-one." A hush fell over the auditorium and then all the other students began to chant:

#### "Give him another chance! Give him another chance!"

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## **SUGAR CREEK LIBRARY:**

Summer is coming bringing those warm lazy days and a great time to catch up on reading. Everyone is invited to visit our library. Take as many books as you want

Everyone is invited to visit our library. Take as many books as you want and sit and read in the comfort of the airconditioned clubhouse, poolside, or in

your own homes. When finished, please return your books to the basket provided. Please do not leave any periodicals or magazines we have no room to store them. Enjoy and Happy Reading!

Jerry and Marie

## **DISTRIBUTION MANAGER:**

Please put up a clip or basket in your carport to ensure proper delivery. Didn't get your book? Call me or go to the office to pick up one, extra copies are available there. Thanks, Kate McGettigan

## **KITCHEN:**

When renting the Clubhouse for a Private Party, you need to supply your own paper goods & trash bags. Also, you are responsible for cleaning up the kitchen and hall to get back your security deposit of \$200. Need something for the Sugar Creek residents' functions, leave me a note on the fridge. When wiping the countertops, please use Windex, which is under the sink.



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SUGAR CREEK SPOTLIGHT MAY, 2023 E

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@monthlymedia or facebook.com/monthlymedia Three presidents, all Founding Fathers – John Adams, Thomas Jefferson, and James Monroe – died on July 4?

Bats are the only mammal that can actually fly?

The earth's circumference is 24,900 miles?

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### **AVOID FLORIDA PROBATE COURT** ATTENTION: OUT-OF-STATE RESIDENTS, CANADIAN CITIZENS, AND FLORIDA RESIDENTS

### Steps should be taken to avoid Florida Probate Court on your Florida Home, your Lease and your Park Share.

## Don't leave your family with a legal mess!

CALL 727-587-0009 for your FREE CONSULTATION or if you just have questions.



Attorney Paul Herzfeld 1715 East Bay Drive, Suite C Largo, FL 33771 email: <u>paul@herzfeld.net</u> visit: noflprobate.com



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Rick's Appliance Repair	727-637-4789
ATTORNEY	
Law Offices of Paul Herzfeld	727-587-0009
AUTO BUY/SELL	
Bill Your Car Guy Stingrays Inc (CASH NOW)	727-729-2322
Stingrays Inc (CASH NOW)	/27-798-2921
AWNINGS	707 505 4440
Bay Area Aluminum Services, Inc	727-585-4442
Century Awnings Co	121-009-0011
Rod Runners	727 204 0524
	121-394-9034
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Doll Brothers Carpet/Upholstery Clnrs.	727-506-22/0
DERMATOLOGIST	121-000-2240
Florida Dermatology & Skin Cancer	727-548-0196
DOCTOR - INTERNAL MEDICINE	121-040-0100
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Concrete Wizard Inc	727-430-9000
Concrete Wizard, Inc	
Boss Electric Corp.	727-791-1308
Haseney Electrical Services, Inc	727-441-8434
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ESTATE SALES	
BNG Treasures	727-484-0146
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AMS Advanced MH Systems ...... 727-471-0820 

220 Bahama St.

Venice, FL 34285





Sunday	Monday	Г
S       M       T       JUNE W       T       F       S         4       5       6       7       8       9       10         11       12       13       14       15       16       17         18       19       20       21       22       23       24         25       26       27       28       29       30	1 Shuffleboard 11:00 Social Committee Meeting 6:30	Texas H 6:30PM Bowlin
7	8 Shuffleboard 11:00 GOT IT 6:30	Texas H 6:30PM Bowlin
14 Private event 3-7 Mother's Day	15 Shuffleboard 11:00	Texas H 6:30PM Bowlin
21	22 Shuffleboard 11:00 I NEED IT 6:00	Texas H 6:30PN Bowlin
28	29 Shuffleboard 11:00 Memorial Day ceremony and luncheon 11:00 <u>Memorial Day</u>	Texas H 6:30PM Bowlin

# Sugar Creek

uesday	Wednesday	Thursday	Friday	Saturday
2 Hold'Em 1 g 9:00AM	Texas Hold'Em 6:15PM	3 4	5 Men's' Poker 5:30PM Cinco De Mayo	6 Private event 1-3:00 Kentucky Derby 5:00
9 Hold'Em I g 9:00AM	10 Bunco 6:00 PM Texas Hold'Em 6:15PM	) 11	12 Happy Hour 4:00PM Men's' Poker 5:30PM	13 Breakfast 8:30- 10:00AM
16 Hold'Em I g 9:00AM	17 Texas Hold'Em 6:15PM	7 18	19 Men's' Poker 5:30PM	20
23 Hold'Em I g 9:00AM	24 Bunco 6:00 PM Texas Hold'Em 6:15PM	k 25	26 Men's' Poker 5:30PM	27
30 Hold'Em I g 9:00AM	3 Texas Hold'Em 6:15PM			



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### **EDITOR:**

eservations for the Clubhouse can be made with me by email at terricarlisle48@gmail. com or by calling me at 727-224-5650. You will then need to inform the Office of your event and leave a \$200 security deposit.

June newsletter submissions need to be received by May 7, 2023. Please email me at <u>terricarlisle48@gmail.com</u>. If you have any questions, please call me at 727-224-5650.

Please remember, if you need to cancel a scheduled activity at the Clubhouse, post a cancellation notice on the Bulletin Board. Thank you.

A Complete Listing of Resident Services can be found on the page before your calendar



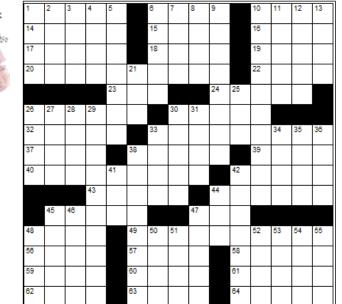






#### ACROSS

- 1. Outward
- 6. Stinging insects
- 10. Cubes
- 14. Saltwater
- 15. Wash
- 16. Frosts, as a cake
- 17. Lightning units
- 18. You bake with it
- 19. Flippers
- 20. They taste like sugar
- 22. Celebration
- 23. Scarlet
- 24. Utilizers
- 26. Gasoline
- 30. Beau
- 32. Impressive display
- 33. Revolutionary War figures
- 37. Legal claim
- 38. Bodily cavity
- 39. Adopted son of Claudius
- 40. Young trees
- 42. Group of eight
- 43. Desert watering holes
- 44. Lubricant
- 45. Explosive devices
- 47. Purge
- 48. French for "End"
- 49. Companion
- 56. Nile bird
- 57. Colored part of the eye
- 58. French for "Red"
- 59. Blackthorn
- 60. Dispatched
- 61. Made a mistake
- 62. Be inclined
- 63. Swine
- 64. Feints



#### DOWN

- 1. Declines
- 2. Type of black bird
- 3. Floor covering
- 4. Initial wager
- 5. Demolish
- 6. Light-colored hair
- 7. Roof overhang
- 8. Always
- 9. Erotic
- 10. Divergence
- 11. More aloof
- 12. Pennies
- 13. Being

May SSWC

- 21. Snake-like fish
- 25. Band performance
- 26. Friends
- 27. A Great Lake
- 28. Tall woody plant
- 29. Arranged in random
- order
- 30. Birds have them
- 31. Duty
- 33. Not yours
- 34. Of higher order
- 35. Ages
- 36. Connecting point
- 38. Effeminate

- 41. Chemist's workpla42. Commanded
- 44. Image format
- 44. mage format
- 45. Christian holy boo
- 46. An aromatic flavo vegetable
- 17 D----
- 47. Pauses
- 48. Closed hand
- 50. Black-and-white
- cookie
- 51. Sovereign
- 52. Old stories
- 53. Wait in the shadov
- 54. Curved molding
- 55. Marries





SUGAR CREEK SPOTLIGHT MAY, 2023 E



## Monthly



**C** lean Air Month. May 1–31. The American Lung Association releases its annual air quality report, and local lung associations focus on clean-air programs, issues and events. For more information, browse <u>https://www.lung.org/clean-air</u>.

**Melanoma/Skin Cancer Detection and Prevention Month**. May 1–31. For more information, contact the American Academy of Dermatology or browse <u>www.aad.org</u>

**National Arthritis Month**. May 1–31. To increase awareness about the more than 100 forms of arthritis and related diseases and to increase support for the more than 70 million Americans with arthritis. For more information, browse <u>www.arthritis.org</u>

**National Bike Month**. May 1–31. To celebrate bicycling for fun, fitness and transportation. For more information, browse www.bikeleague.org

### Daily

**ay Day. May 1**. The first day of May has been celebrated since ancient times. Spring festivals with maypoles are still common. In many countries, May Day is celebrated as a workers' holiday or as Labor Day. (The United States and Canada observe Labor Day in September.)

**Cinco de Mayo. May 5**. Mexican National Holiday recognizing the anniversary of the Battle of Puebla in 1862, in which Mexican troops, who were outnumbered three-toone, defeated the invading French forces of Napoleon III.



The Kentucky Derby. May 7. America's premier thoroughbred horse race at Churchill Downs, in Louisville, Ky. For more information, browse www.kentuckyderby.com.

**Mother's Day. May 6**. To celebrate mothers. First observed in 1907 as a church service in

the memory of Anna Jarvis' mother (Philadelphia). It was designated to be recognized as an observance by Congress in 1914 and is always the second Sunday in May.

**National Štamp Out Hunger** — National Food Drive. May 13. Mail carriers collect food items left in mailboxes and dropped off at post offices. For more information, browse <u>www.nalc.org</u>.

**National Missing Children's Day. May 25**. To promote awareness of the problem of missing children, to offer a forum for change and to offer safety information for children in school and the community. For more information, browse www.childfindofamerica.org.

National Senior Health and Fitness Day. May 31. To promote the value of fitness and exercise for older adults. For more information, browse www.fitnessday.com.

**Memorial Day. May 29**. To honor those who have died in battle. The first documented U.S. observance was on May 5, 1866, in Waterloo, N.Y











# **SUB-FLOOR & FLOORING EXPERTS!**

#### **COVID-19 NOTICE:**

We are taking as many precautions as we can to ensure not only our workers safety but yours as well. We are checking employee temperatures daily, limiting contact between crews, and offering no customer contact if you choose. We are an "Essential Business" and here for you when you need us.





# WE PLAN EVERY MAJOR LIFE EVENT EXCEPT OUR FINAL ARRANGEMENTS. WHY IS THAT?

4

1 ★ 6

Weddings, graduations, vacations ... we plan them all down to the smallest detail. So why don't we want to plan our final care?

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Call: 727-333-5824 or Email: PamAmos.veterans@gmail.com

QUESTIONS? CALL PAM ... SHE'S JUST AROUND THE CORNER!

#### An alphabet for mom...

A is for ADULT: A person who has stopped growing at both ends and is now growing in the middle.

**B** is for BATHROOM: A room used by the entire family, believed by all except mom to be self-cleaning.

C is for COMMITTEE: As in decision by committee, which is how mom says something will be decided when she has already made up her mind how things are going to be.

 $\mathbf{D}$  is for DATE: Infrequent outings with dad where mom can enjoy worrying about the kids in a different setting.

**E** is for EMPTY NEST: See "WISHFUL THINKING."

F is for FABLE: A story told by a teenager arriving home after curfew.

G is for GUM: Adhesive for the hair.

H is for HINDSIGHT: What mom experiences from changing too many diapers.

I is for INFLATION: Cutting money in half without damaging the paper.

J is for JUNK: Dad's stuff.

**K** is for KISS: Mom's medicine.

L is for LEMONADE STAND: Complicated business venture where mom buys powdered mix, sugar, lemons, and paper cups, and sets up a table, chairs, pitchers and ice for kids who sit there for three to six minutes and net a profit of 15 cents.

**M** is for MAYBE: No.

N is for NONSENSE: What mom says your friends are full of.

O is for OVERSTUFFED RECLINER: Mom's nickname for dad.

**P** is for PANIC: What a mother goes through when the darn wind-up swing stops.

**Q** is for QUIET: A state of household serenity, which occurs before the birth of the first child and occurs again after the last child has left for college.

**R** is for REFRIGERATOR: Combination art gallery and air-conditioner for the kitchen. **S** is for SPOILED ROTTEN: What the kids become after as little as 15 minutes with grandma.

T is for TOWELS: See "FLOOR COVERINGS."

U is for UNDERWEAR: An article of clothing, the cleanliness of which ensures the wearer will never have an accident.

V is for VACATION: Where you take the family to get away from it all, only to find it there, too.

**W** is for WALLS: Complete set of drawing paper for kids that comes with every room.

X is for XOXOXOXO. Mom salutation guaranteed to make the already embarrassing note in a kid's lunch box even more mortifying.

Y is for "YIPPEE!": What mothers shout the first day of school.

Z is for ZUCCHINI: Vegetable which can be baked, boiled, fried or steamed before kids refuse to eat it.

-from quotesandjokes.com



### Bringing out the best in others — naturally

f you've ever had anyone appreciate you for your natural abilities, you'll appreciate the story of the flower seed principle.

Try to think of every person as a flower seed: He or she

already has the disposition to become something amazing and beautiful. But each seed will become only a certain kind of flower.

In the workplace, you overhear a manager say—"I think that sunflower over there has some potential, and I think with a little training he could become a really great long-stemmed rose."

The truth is that a sunflower seed is only going to produce a sunflower—and how beautiful the flower becomes often depends on how it is nurtured.

But in the workplace what often happens is someone in charge brings in some information to try and teach the sunflower how to try and become a long stemmed rose. The sunflower is encouraged to have lunch with and network with the roses, in the hope that one day, he too can become one of them. Before the sunflower goes to bed each night, his boss tells him to say over and over to himself, "I am a beautiful long stemmed rose."

And so do you know what the sunflower becomes.

He does not become a rose—certainly not. No. He becomes the world's most insecure sunflower. Because no one has ever noticed his own innate beauty and the gifts he has for the world. Because for a long time everyone has been telling him it's not OK for him to be who he is.

The best thing anyone can do for someone else is to try and find out what that person's nature is. And then once you find out what that person's nature is you ask yourself, "What can I do to cultivate the person's natural talents and abilities?"

A true leader would say: "Here's a seminar on how a bunch of beautiful sunflowers got together and did something wonderful. Here's a place where you can go and network with other sunflowers."

That is how you help someone tap their true potential, which is what good leaders do. First you find out what kind of seed the people already have inside and then you help them grow into what they were naturally meant to be.

— adapted from Heart at Work, by Jack Canfield and Jacqueline Miller

On middle age

Middle age is the time when a man is always thinking that in a week or two he will feel as good as ever. — Ogden Nash

#### On death

Death is one of the few things that can be done as easily lying down. The difference between sex and death is that with death you can do it alone and no one is going to make fun of you. — Woody Allen





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-Monthly Media Staff

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## **SUGAR CREEK POOL AND SPA RULES**

- Swim at own risk
- Warning no lifeguard on duty
- Maximum load for swimming pool 15 persons 7 persons for spa
- Pool and spa open 24 hours
- Under 18 not permitted in pool or spa from 12:00 noon to 4:00 PM
- Children must be accompanied by resident adult
- Cut offs not allowed in pool
- Shower before entering pool or spa
- No toys, glassware, food or drink in pool, spa or on sun deck no animals
- Suntan lotion prohibited in pool
- Protect furniture with a towel if suntan lotion is used
- No children in diapers permitted in pool
- No persons with open sores or bandages permitted in pool
- Residents are responsible for guests
- No horseplay in pool or on deck
- No diving
- Pregnant women, small children, people with health problems and people using alcohol, narcotics or other drugs that cause drowsiness should not use spa without first consulting a doctor. The maximum water temperature for the spa is 104 degrees F





